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GLUTEN FREE MENU

Starters

Homemade Smoked Ham and Lentil Soup £4.50

Smoked Ham | Mixed Vegetables | Lentils | Gluten Free Ciabatta Roll | Butter

Antipasti Platter

For 1 - £10.95 For 2 - £19.95

Parma Ham | Bresaola | Chicken Liver Pate | Feta Cheese | Breaded Brie | Cheddar Cheese |
Gluten Free Ciabatta Rolls | Mixed Salad Leaves | Dips - Pepperonata | Sundried Tomato

Homemade Chicken Liver Pate £5.95

Chicken Liver Pate | Gluten Free Ciabatta Roll | Mixed Salad Leaves |
Balsamic Reduction | Pepperonata

Chicken Wings £5.75

Chicken Wings | Sweet Chilli Sauce | Gluten Free Ciabatta Roll

Garlic Mushrooms £5.95

Sautéed Button Mushrooms | White Wine | Cream | Parmesan | Gluten Free Ciabatta Roll

Bruschetta Pomodoro £5.50

Cherry Tomatoes | Fresh Basil | Balsamic Reduction | Gluten Free Ciabatta Roll
Add: Mozzarella Cheese 50p
Add: Parma Ham 75p

Bresaola £6.95

Cured Fillet of Beef | Extra Virgin Olive Oil | Roquette | Parmesan Shavings |
Lemon Wedge | Gluten Free Ciabatta Roll | Butter

Feta Cheese with Melon and Parma Ham £6.25

Feta Cheese | Honeydew Melon | Parma Ham | Balsamic Reduction

Sizzling Prawns £6.95

King Prawns | Chorizo Sausage | Chilli | Garlic | White Wine |
Olive Oil | Gluten Free Ciabatta Roll

Prawn Cocktail £5.95

North Atlantic Prawns | Marie Rose Sauce | Shredded Cos Lettuce |
Cherry Tomatoes | Paprika | Gluten Free Ciabatta Roll | Butter

Seafood Platter

For 1- £12.95 For 2- £22.95

Fresh Mussels | Queenie Scallops | King Prawns | North Atlantic Prawns in Marie Rose Sauce |
Smoked Salmon | Hot Smoked Salmon | Remoulade in Purple Chicory Leaf | Lemon Wedges |
Gluten Free Ciabatta Rolls | Dips- Sweet Chilli Sauce | Garlic Mayo

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Main Course

Pepper Chicken £11.75

Supreme of Chicken | Crushed Potatoes | Seasonal Vegetables | Peppercorn Sauce

Mondo Breaded Fish and Chips £10.95

Polenta Breaded Haddock Fillets | Tartare Sauce | Peas | Hand Cut Chips

Beef or Chicken Stroganoff £14.95

Strips of Beef Fillet or Chicken Fillet | Mushrooms | Peppers | Brandy |
Cream | Boiled Rice | Gluten Free Ciabatta Roll

Mushroom Stroganoff £10.95

Button Mushrooms | Pepper | Brandy | Cream | Boiled Rice | Gluten Free Ciabatta Roll

Duo of Beef £18.75

16 Hour Braised Blade of Beef | 4oz Fillet of Beef Medallion | Dauphinoise Potatoes |
Curried Cauliflower | Cauliflower Puree | On the Vine Cherry Tomatoes

Zuppa De Pesce £14.95

Mixed Seafood Soup (Haddock | King Prawns | Mussels | Queen Scallops) | Chorizo |
Cherry Tomatoes | Chilli | Napoli Sauce | Spring Onions | Garlic Bread

Braised Blade of Beef £16.50

16 Hour Braised Blade of Beef | Purple Heritage Carrots | Roast Baby Courgettes |
Dauphinoise Potatoes | Red Wine Jus | On the Vine Cherry Tomatoes

Fillets of Seabass

1 Fillet- £12.50 2 Fillets- £16.50

Panfried Fillet of Seabass | Sauté Potatoes | Roquette Salad |
Sundried Tomato Dressing | Olive Tapenade

Seafood Grill £21.95

Grilled Fillet of Seabass | Haddock | Queen Scallops | King Prawns |
Garlic Butter | House Salad | Hand Cut Chips

Chargrilled Chicken Breast £10.95

Chargrilled Chicken | Mixed Salad Leaves | Tzatziki |
Steamed Rice | Gluten Free Ciabatta Roll

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Steaks

Dry Aged for a minimum of 28 days, allowing our steaks to achieve the optimum taste, tenderness and maturity

5oz Sirloin Steak £11.95 10oz Sirloin Steak £23.50
8oz Fillet Steak £24.95

New Introductions to our Menu are
Fillet of Beef Medallions in Weights of:
8oz £24.95 12oz £35.95 16oz £46.95

All Steaks Cooked to Your Preference | On the Vine Cherry Tomatoes | Wild Mushroom Ketchup |
Choice of Potatoes- Boiled | Creamy Mash | Crushed | Dauphinoise | Hand Cut Chips
Choice of Sauce- Diane | Pepper | Blue Cheese | Red Wine Jus

Enhance Your Steak Experience:
Add: Sautéed Mushrooms **£2.75** Add: Sautéed Onions **£2.75**

Burgers

All of our Burgers are 100% Pure Beef, Served on a Toasted Gluten Free Ciabatta Roll |
Cos Lettuce | Sliced Beef Tomato | Hand Cut Chips | Homemade Tomato Salsa |
Homemade Red Cabbage Coleslaw

Plain £9.95
Plain Beef Burger

Cheese Burger £10.50
Beef Burger | Melted Mozzarella Cheese

Everest £15.95
2 x Beef Burger | Melted Mozzarella | Bacon | Jalapenos

Mondo £12.95
Beef Burger | Melted Mozzarella | Bacon | Jalapenos

Chargrilled Chicken £10.95
Chargrilled Chicken | Garlic Mayo

Santorini £11.50
Beef Burger | Feta Cheese | Tzatziki

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Pasta

Penne Arrabiatta £9.95

Napoli Sauce | Mascarpone | Chilli | Cherry Tomatoes

Penne Carbonara £10.95

Diced Bacon | Garlic | White Wine | Cream | Parsley | Parmesan

Penne Filletto £14.95

Strips of Beef Fillet | Red Wine | Napoli Sauce | Chilli | Cherry Tomatoes

Penne Marinara £14.95

Mixed Seafood (King Prawns, Queen Scallops, Haddock, Mussels) | Chilli |
Cherry Tomatoes | Garlic | White Wine | Napoli Sauce

Penne Gamberoni £14.95

King Prawns | Chorizo | White Wine | Olive Oil | Butter | Chilli | Garlic |
Cherry Tomatoes | Red Onion | Parsley

Spaghetti Pomodoro £9.50

Napoli Sauce | Cherry Tomatoes | Basil

Penne Salmone £12.95

Smoked Salmon | Cream | Garlic | Napoli Sauce | White Wine | Spinach

Penne Chicken £11.95

Strips of Chicken Breast | Cauliflower | Cream | Garlic | Spinach |
White Wine | Parmesan

Risotto

Marinara £14.95

Mixed Seafood (King Prawns, Haddock, Queen Scallops, Mussels) | Napoli Sauce |
Chilli | Cherry Tomatoes | Butter | Parmesan | Arborio Rice

Chicken, Mushroom and Spinach £11.95

Strips of Chicken Fillet | Button Mushrooms | Fresh Baby Spinach | Cream |
White Wine | Butter | Parmesan | Arborio Rice

Chorizo £12.95

Chorizo | Chilli | Napoli Sauce | Spring Onions | Cherry Tomatoes |
Parmesan | Butter | Arborio Rice

Baby Courgette, Cherry Tomato and Chilli £11.95

Baby Courgette | Cherry Tomatoes | Chilli | Napoli Sauce |
Parmesan | Butter | Arborio Rice

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Salads

Caesar £6.95

Cos Lettuce | Parmesan Shavings | Anchovy Caesar Dressing

House £6.95

Mixed Leaves | Cherry Tomatoes | Cucumber Ribbons | Red Onion | House Dressing

Rockette £6.95

Peppery Rockette Leaves | Parmesan Shavings | Cracked Black Pepper | Balsamic Reduction

Enhance your salad with:

Chargrilled Chicken £2.95

Smoked Salmon £2.95

Strips of Beef Fillet £2.95

Panfried King Prawns £2.95

Feta Cheese £2.95

Beef and Chorizo £14.95

Strips of Beef Fillet | Chorizo Sausage | Sautéed Potatoes | Cherry Tomatoes |
Fine Green Beans | Mixed Leaves | Balsamic Reduction

Feta Cheese and Parma Ham £11.95

Feta Cheese | Parma Ham | Mixed Leaves | Cherry Tomatoes |
Cucumber | Red Onion | Tzatziki

Side Orders

Homemade Coleslaw £1.95

Small Caesar Salad £2.95

Small Side Salad £2.50

Garlic Bread £1.95

Add Mozzarella 80p

Creamy Mash Potato £2.25

Crushed Potatoes £2.25

Baby Potatoes £2.25

Dauphinoise Potato £2.25

Hand Cut Chips £2.25

Sauté Onions £2.25

Sauté Mushrooms £2.25

Classic Cauliflower Cheese £3.95

Skinny Chips £2.25

Boiled Rice £1.95
